

February Toddler Activities

Note: All activities require close adult supervision. Substitute large, toddler-safe materials as needed.

Week 1: Shadows & Surprises

- **Black History Month Art:** Use paper and crayons to draw family members, celebrating different skin tones and heritage.
- **Groundhog Puppet:** Glue a paper "groundhog" to a spoon or straw. Use a plastic cup with a hole in the bottom to make the groundhog "pop up".
- **Elmo's Birthday Bash:** Since it's Elmo's birthday, bake a simple cake or make red playdough to celebrate everyone's favorite Muppet.
- **Homemade Soup Day:** Let your toddler help "wash" vegetables in a bowl of water while you prepare a simple homemade soup.
- **Scented Playdough:** Mix flour, water, and a drop of vanilla or cinnamon for a sensory experience that smells like a bakery.
- **Olympic "Torch" Craft:** Roll up a piece of paper and tape orange or red tissue paper to the top to celebrate the Winter Olympics Opening Ceremony.
- **Bubble Gum Science:** Since it's National Bubble Gum Day, blow bubbles with soap and water to practice mouth coordination (explain that real gum isn't for swallowing!).



February Toddler Activities

Week 2: Friendship & Kindness

- **Super Bowl Sensory Bin:** Use a bin filled with dried beans or rice. Add small toy balls or "field" markers (green paper) for Super Bowl.
- **Heart Scavenger Hunt:** Cut hearts out of scrap paper and hide them around a room for your toddler to find.
- **Window "Sun Catchers":** Tape colored tissue paper or coffee filters shaped like hearts to a sunny window.
- **Make a Friend Card:** Use finger paints to make "handprint" cards for a neighbor or friend to celebrate National Make a Friend Day.
- **Lost Penny Hunt:** Hide a few pennies (under supervision) or shiny buttons around the room to celebrate National Lost Penny Day.
- **Kiss Day Snuggle:** Read a book about love and give lots of "Hershey's Kisses" or real kisses to get ready for Valentine's Day.
- **Valentine's Day Heart Stamps:** Dip a toilet paper roll (bent into a heart shape) into paint and stamp hearts on paper.



February Toddler Activities

Week 3: Animals & Traditions

- **Hippo Water Play:** In the bathtub or a sink, use plastic cups and toys to celebrate World Hippo Day.
- **President's Day Coin Sorting:** Sort household coins by size or color (silver vs. copper) while looking at the "faces" of the presidents.
- **Lunar New Year "Firecrackers":** Decorate toilet paper rolls with red paper and gold glitter to celebrate the Lunar Year.
- **Battery Power:** Let your toddler help you find things in the house that use batteries (remote, flashlight) for National Battery Day.
- **Tug of War:** Use a soft scarf or a rolled-up towel for a gentle game of tug of war to build motor skills.
- **Love Your Pet Day:** If you have a pet, let your toddler help "brush" them or give them a special treat.
- **Sticky Bun Play:** Use brown playdough to roll "snails" or buns to celebrate National Sticky Bun Day.



February Toddler Activities

Week 4: Imagination & Nature

- **Card Game Fun:** Use a standard deck of cards to practice matching colors (red vs. black) for Play More Cards Day.
- **Pinocchio Nose:** Use a cardboard tube as a "long nose" for a game of pretend and storytelling.
- **Alphabet Soup:** Cook pasta shapes and let your toddler "find" different letters in their bowl.
- **Cardboard Embroidery:** Punch holes in a piece of cardboard and let your toddler "sew" through them with a thick shoelace.
- **Fairy Tale Day:** Build a "castle" out of pillows and blankets and read a favorite story inside.
- **Polar Bear Sensory:** Fill a tray with cotton balls (snow) and small white toys to celebrate National Polar Bear Day.
- **Pancake Dinner:** End the month by letting your toddler help stir the batter for a fun "breakfast for dinner" night.



Materials List

Week 1: Shadows & Surprises

- Paper & Cardboard: Construction paper (various skin tones, red, orange, brown), white printer paper, cardboard scraps.
- Drawing & Adhesive: Crayons (including skin tones), markers, glue sticks.
- Groundhog Puppet: Plastic or paper cup, a straw or spoon.
- Kitchen Basics: Flour, water, vanilla/cinnamon (for playdough), vegetables (for soup play).
- Sensory & Fun: Soap and a bubble wand, orange/red tissue paper.

Week 2: Friendship & Kindness

- Sensory Bin: Large bin or tray, dried beans or rice, small toy balls.
- Valentine's Crafts: Colored tissue paper or coffee filters, toilet paper rolls (to bend into heart stamps).
- Kindness Cards: Washable finger paints.
- Scavenger Hunt: Scrap paper cut into hearts, pennies or shiny buttons.
- Cozy Time: A favorite book about love or friends.



Materials List

Week 3: Animals & Traditions

- Lunar New Year: Toilet paper rolls, red paper, gold glitter or markers.
- Water Play: Plastic cups and waterproof toys for the bathtub.
- Coin Sort: A handful of household coins (monitored for safety).
- Active Play: A soft scarf or small towel for tug-of-war.
- Playdough Fun: Brown playdough (homemade or store-bought).
- Tech Check: A few household items that use batteries (remote, toy, flashlight).

Week 4: Imagination & Nature

- Fine Motor: Thick shoelace or yarn, hole puncher, sturdy cardboard.
- Storytelling: A cardboard tube (paper towel roll) for a "nose" or telescope.
- Nature Sensory: Cotton balls, tray, small white toys (animals or blocks).
- Game Night: A standard deck of playing cards.
- Food Fun: Alphabet pasta (dry or in soup), pancake mix, and a mixing bowl.



Thank You

Thank you for downloading our February Activity Calendar! We are so excited to join you in a month of discovery, play, and learning. Our goal is to make early childhood education accessible, fun, and manageable right from the comfort of your home. We hope these activities spark joy and create lasting memories for you and your little one.

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Credits

- **Curriculum Design:** Created with the support of AI-assisted educational frameworks to ensure age-appropriate development for toddlers.
- **Images & Graphics:** Visuals provided by various open-source design platforms and creative commons libraries.
- **Activity Inspiration:** Inspired by standard early childhood best practices and community-shared Montessori and play-based learning ideas.

